

# West Berkshire

## Community Breast Feeding Support



- Information about all aspects of feeding your baby
- Support from trained supporters
- Text and face to face support
- Drop in groups across West Berkshire

We welcome fully or partly breast feeding mothers.

Referrals can be made antenatally and postnatally from your midwife or health visitor, or call us directly yourself.

### Breast Feeding Drop in's in West Berkshire

#### Newbury

Thursday 10 -11:30 am

1st and 3rd Wednesday of the month 9:30 -11:30

West Family Hub, Victoria Park, RG14 1EH

#### Thatcham

Baby Café Tuesday 1:30 – 2:30 pm

Central Family Hub, Park Lane, Thatcham, RG18 3PG

#### Calcot

Café Mama Thursday 1:45 – 3:15

East Family Hub, Curtis Road, Calcot, RG31 4XG

#### Hungerford

Tuesday 11-12pm, The Croft, Hungerford, RG17 0HY

Phone: 01189456157

Email: [Joanne.Roberts@westberks.gov.uk](mailto:Joanne.Roberts@westberks.gov.uk)

Or find us on Facebook

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